



Public Health
England

Mental wellbeing

The starting point: what intelligence already exists

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Population mental wellbeing

- History of collecting suicide data
- Data on determinants, but no consensus
 - E.g. (un)employment, homelessness, child poverty
- Health Survey England, UK Household longitudinal study
 - WEMWBS
- ONS Wellbeing
- Local intelligence
- PHOF
- Children's & young people's survey



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Public Health Outcomes Framework

Mental wellbeing:

- Self-reported wellbeing
 - ONS 4 questions: life satisfaction, happiness, worthwhile, anxiety
 - WEMWBS
- Emotional wellbeing of looked after children
 - Average difficulties



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Public Health Outcomes Framework

Mental illness:

- % People with mental illness in settled accommodation
- % People in prison who have a mental illness
- % People with a mental illness who are in employment
- Rate of hospital admissions as a result of self-harm
- Excess mortality rate in adults under 75 with serious mental illness
- Age-standardised mortality rate from suicide and injury of undetermined intent per 100,000 population
- Dementia and its impacts



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Public Health Outcomes Framework

Determinants of mental health, e.g.:

- % of children living in poverty
- school readiness
- pupil absence rate
- sickness absence rate
- domestic abuse as a % of all or rated
- statutory homelessness
- utilisation of green space
- fuel poverty
- social connectedness
- child development
- physically active adults
- health-related quality of life for older people



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Community Mental Health Profiles

<http://www.nepho.org.uk/cmhp>

- Wider determinants of health
 - Unemployment, violence, alcohol hospital admissions
- Risk factors
 - Homelessness, LTC, youth crime, physical activity
- Levels of mental health and illness
 - Dementia, depression, learning disabilities
- Treatment
 - Hospital admissions, spend, community, bed days, contacts
- Outcomes
 - Accommodation, emergency admissions, suicide, IAPT recovery, excess under 75 mortality



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Mental Wellbeing Profiles

Subjective mental wellbeing: WEMWBS
life satisfaction, happy, worthwhile, anxious, trust

Dashboard of wellbeing indicators:

Health

Lifestyle
&
life events

place

relationships

money

work

education

housing

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Local 'service' data

Mental wellbeing outcomes of services

- Local CQUIN e.g. wellbeing brief intervention
- Contractual evaluation measure e.g. WEMWBS
- Referral rates e.g. social prescribing
- Patient outcomes e.g. debt reduction CAB