

Protecting and improving the nation's health

# Be Clear on Cancer: Second national breast cancer in women over 70 awareness campaign, 2015

Caveats: This summary presents the results of the metrics on the proportion of women diagnosed with breast cancer, who had a mastectomy. This is one of a series of metric summaries that will be produced for this campaign, each focusing on a different metric. A comprehensive interpretation about the campaign is not included here as this requires a full evaluation of all the metrics. The full evaluation will be part of the final campaign report which will be published in due course. These metrics should not be considered in isolation.

# Mastectomy

## The campaign

The second national breast cancer in women over 70 awareness campaign ran from 13 July 2015 to 6 September 2015 in England.

Two key messages were promoted:

## Key message

There is no evidence to suggest that the second national breast campaign had an impact on the proportion of women aged 70 and over, diagnosed with breast cancer, who had a mastectomy.

- 'One in three women who get breast cancer are over 70, so don't assume you're past it.'
- 'A lump isn't the only sign of breast cancer. If you're worried about any changes to your breasts, tell your doctor straight away.'

#### **Metric: Mastectomy**

This metric measures the proportion of women aged 70 and over, diagnosed with breast cancer (ICD-10 C50), who had a mastectomy within six months of their diagnosis.

Data was extracted from the national cancer analysis system, for women diagnosed with breast cancer for the first time in the years 2014 and 2015.

The monthly proportion of women diagnosed with breast cancer, who had a mastectomy within six months of their diagnosis was calculated, with 95% confidence intervals using the Wilson score method<sup>1</sup>. Results for those diagnosed from July to October 2015 were compared with those diagnosed in the same months in 2014.

#### **Results**

Comparing July to October 2014 with July to October 2015, there were no statistically significant differences in the proportions of women aged 70 and over diagnosed with breast cancer, who had a mastectomy (Figure 1).

1

<sup>&</sup>lt;sup>1</sup> A method for calculating confidence intervals for proportions

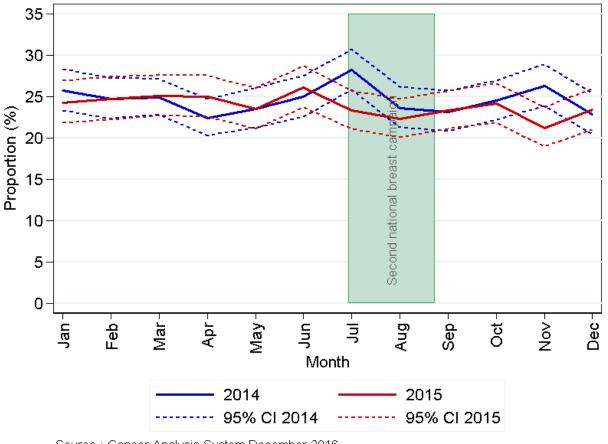


Figure 1: Proportion of women aged 70 and over, diagnosed with breast cancer, who had a mastectomy, per month of diagnosis, 2014 and 2015, England.

Source : Cancer Analysis System December 2016

#### Conclusions

There is no evidence to suggest that the second national breast campaign had an impact on the proportion of women aged 70 and over, diagnosed with breast cancer, who had a mastectomy.

Other metrics being evaluated include emergency presentations, Cancer Waiting Times referrals, conversion and detection rate, numbers of cancers diagnosed, stage at diagnosis and one-year survival. A full evaluation report will be published on the campaign metrics when all of the results are available.

#### **Considerations**

In general, cancer incidence is increasing which may have an impact on trends over time for this and other metrics; the results must be considered with these underlying trends in mind.

Where the results are statistically significant there is some evidence for an impact of the campaign, although underlying trends and other external factors (eg other awareness activities, changing referral guidance) may also affect the results.

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Campaigns are more likely to have a greater impact on metrics relating to patient behaviour (eg symptom awareness and GP attendance with relevant symptoms) and use of the healthcare system (eg urgent GP referrals for suspected cancer), compared to disease metrics (eg incidence, stage at diagnosis, and survival).

Find out more about Be Clear on Cancer at: <u>www.ncin.org.uk/be\_clear\_on\_cancer</u> <u>www.nhs.uk/be-clear-on-cancer</u>