Be Clear on Cancer: First national oesophago-gastric cancer campaign, 2015

The campaign ran from 26 January 2015 to 22 February 2015, in England.

The campaign’s key message was:
- ‘Having heartburn, most days, for 3 weeks or more could be a sign of cancer – tell your doctor.’

Metric: Diagnostics in secondary care
This metric considers whether the first national oesophago-gastric cancer campaign had an impact on the number of imaging tests conducted by the NHS. These include X-rays and endoscopies conducted for suspected oesophago-gastric cancer and other medical conditions.

The data on the total number of X-rays and endoscopies conducted for suspected oesophago-gastric cancer and other medical conditions was obtained from the Diagnostic Imaging Dataset (DID) held on NHS Digital’s iView system (http://content.digital.nhs.uk/iview). The data contains details of referrals by GPs, consultants and other referral types.

This metric compares the difference in the monthly number of X-rays and endoscopies between the analysis period of January to April 2015 and the comparison period of January to April 2014.

Results
Comparing the months of January to April 2015 with January to April 2014 there was a 1.0% increase in the number of X-rays and endoscopies for individuals aged 50 and...
over, and a 4.4% increase in the number of X-rays and endoscopies in all ages combined (Table 1). However, the changes in the number of X-rays and endoscopies were not statistically significant. Figure 1 shows that the trend in the number of X-rays and endoscopies was fairly stable from January 2014 to December 2015.

Table 1: Number of X-rays and endoscopies in January 2014 to April 2014 and January 2015 to April 2015, England

<table>
<thead>
<tr>
<th>Tests</th>
<th>Age group</th>
<th>January 2014 to April 2014</th>
<th>January 2015 to April 2015</th>
<th>Percentage change</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of imaging tests</td>
<td>50 and over</td>
<td>20,395</td>
<td>20,605</td>
<td>1.0</td>
</tr>
<tr>
<td></td>
<td>All ages</td>
<td>29,605</td>
<td>30,925</td>
<td>4.4</td>
</tr>
</tbody>
</table>

Figure 1: Monthly number of X-rays and endoscopies in January 2014 to December 2015, England a) 50 and over b) All ages

a) 50 and over

Source:iView (https://iview.hscic.gov.uk/Home/MyData)
Conclusions
The first national oesophago-gastric cancer campaign did not appear to have an impact on the number of X-rays and endoscopies carried out, for people aged over 50 or for all ages.

Other metrics being evaluated include the Cancer Waiting Times referrals, conversion and detection rates, numbers of cancers diagnosed, stage at diagnosis and one-year survival. A full evaluation report will be published on the campaign metrics when all of the results are available.

Considerations
In general, cancer incidence is increasing which may have an impact on trends over time for this and other metrics, and so the results must be considered with these underlying trends in mind.

Where the results are statistically significant there is some evidence for an impact of the campaign, although underlying trends and other external factors (eg other awareness activities, changing referral guidance) may also affect the results.

Campaigns are more likely to have a greater impact on metrics relating to patient behaviour (eg symptom awareness and GP attendance with relevant symptoms) and use of the healthcare system (eg urgent GP referrals for suspected cancer), compared to disease metrics (eg incidence, stage at diagnosis, and survival).

Find out more about Be Clear on Cancer at:
www.ncin.org.uk/be_clear_on_cancer
www.nhs.uk/be-clear-on-cancer/