Be Clear on Cancer: Regional oesophago-gastric cancer campaign, 2014

Caveats: This summary presents the results of the metric on diagnostics in secondary care. This is one of a series of metric summaries that will be produced for this campaign, each focusing on a different metric. A comprehensive interpretation about the campaign is not included here as this requires a full evaluation of all the metrics. The full evaluation will be part of the final campaign report which will be published in due course. These metrics should not be considered in isolation.

Key messages
There was no statistically significant change in the number of X-rays and endoscopies carried out during or following the regional oesophago-gastric cancer campaign, when compared with the year before.

Diagnostics in secondary care

The campaign
The regional oesophago-gastric cancer campaign ran from 10 February 2014 to 9 March 2014 in the North West of England (Greater Manchester, Lancashire & South Cumbria, Cheshire & Merseyside).

The campaign's key message was:
- ‘Having heartburn, most days, for 3 weeks or more could be a sign of cancer – tell your doctor.’

Metric: Diagnostics in secondary care
This metric considers whether the regional oesophago-gastric cancer campaign had an impact on the number of imaging tests conducted by the NHS. These include X-rays and endoscopies conducted for suspected oesophago-gastric cancer and other medical conditions.

The data on the total number of X-rays and endoscopies conducted for suspected oesophago-gastric cancer and other medical conditions was obtained from the Diagnostic Imaging Dataset (DID) held on NHS Digital’s iView system (http://content.digital.nhs.uk/iview). The data contains details of referrals by GPs, consultants and other referral types.

This metric compares the difference in the monthly number of X-rays and endoscopies between the analysis period of February to May 2014 and the comparison period of April to July 2013. The comparison period of April to July 2013 was used for this analysis because of the lack of data on the numbers of X-rays and endoscopies carried out in the months of February to March 2013 in the North West of England (Greater Manchester, Lancashire & South Cumbria, Cheshire & Merseyside).
Results
Comparing the months of February to May 2014 with April to July 2013, there was a 0.7% increase in the number of X-rays and endoscopies for individuals aged 50 and over, and a 4.3% increase in the number of X-rays and endoscopies in all ages combined (Table 1). However, the changes in the number of X-rays and endoscopies were not statistically significant.

Table1: Number of X-rays and endoscopies in April to July 2013 and February to May 2014, North West of England (Greater Manchester, Lancashire & South Cumbria, Cheshire & Merseyside)

<table>
<thead>
<tr>
<th>Tests</th>
<th>Age group</th>
<th>April to July 2013</th>
<th>February to May 2014</th>
<th>Percentage change</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of imaging tests</td>
<td>50 and over</td>
<td>690</td>
<td>695</td>
<td>0.7</td>
</tr>
<tr>
<td></td>
<td>All ages</td>
<td>930</td>
<td>970</td>
<td>4.3</td>
</tr>
</tbody>
</table>

Figure 1: Monthly number of X-rays and endoscopies in April 2013 to December 2014, North West of England (Greater Manchester, Lancashire & South Cumbria, Cheshire & Merseyside)  

a) 50 and over

Source:iView (https://iview.hscic.gov.uk/Home/MyData)
Conclusions
The regional oesophago-gastric cancer campaign did not appear to have an impact on the number of X-rays and endoscopies carried out in the North West of England.

Other metrics being evaluated include the Cancer Waiting Times referrals, conversion and detection rates, numbers of cancers diagnosed, stage at diagnosis and one-year survival. A full evaluation report will be published on the campaign metrics when all of the results are available.

Considerations
In general, cancer incidence is increasing which may have an impact on trends over time for this and other metrics, and so the results must be considered with these underlying trends in mind.

Where the results are statistically significant there is some evidence for an impact of the campaign, although underlying trends and other external factors (eg other awareness activities, changing referral guidance) may also affect the results.

Campaigns are more likely to have a greater impact on metrics relating to patient behaviour (eg symptom awareness and GP attendance with relevant symptoms) and use of the healthcare system (eg urgent GP referrals for suspected cancer), compared to disease metrics (eg incidence, stage at diagnosis, and survival).

Find out more about Be Clear on Cancer at:
www.ncin.org.uk/be_clear_on_cancer
www.nhs.uk/be-clear-on-cancer/