

Why is co-morbidity important for cancer patients?

Michael Chapman Research Programme Manager



Co-morbidity in cancer



Definition:-

Co-morbidity is a disease or illness affecting a cancer patient in addition to but not as a result of their index (current) cancer.





Why is co-morbidity important for cancer patients?

- Clinical decision making
- Risk adjusted outcomes analyses
- Highlighted in the CRS

 Important but variably collected

National Cancer Research Institute

What influences cancer decision making?

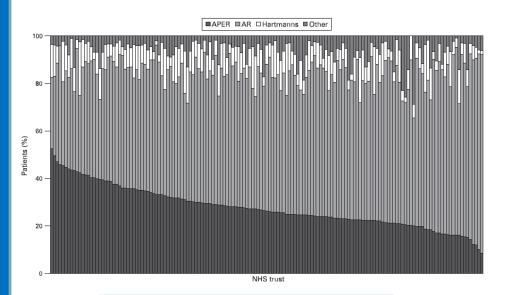


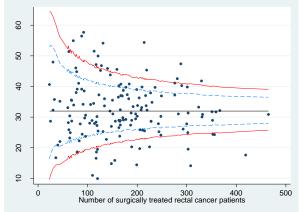
- Tumour factors
- Individual factors
 - Patient preferences
 - Performance status
 - Frailty
 - Fitness
 - [Age]
 - CO-MORBIDITY
- To predict outcome



Unacceptable variation in abdominoperineal excision rates for rectal cancer: time to intervene?

E Morris,^{1,2} P Quirke,² J D Thomas,^{1,2} L Fairley,⁴ B Cottier,³ D Forman^{1,4}











Main elements



- Selection for treatment
- Peri-treatment mortality and toxicity
- Impact on overall (population-based) survival / prognosis
- Late effects:
 - Predicting them
 - Identifying them
- Is it feasible to expect a single scale to answer all these questions?



When to record?



- Prospective Recording
 - Presence or absence?
 - Moderate or severe?
 - Type of co-morbidity present?
 - ACE-27
 - Other scale e.g. ASA?
- Derive retrospectively
 - HES favours admitted care
 - Accuracy/completeness of coding
 - Less timely





Adult Co-morbidity Evaluation-27

prospectively recorded by MDT







- Chart-based comorbidity index for patients with cancer
- Developed through modification of the

Kaplan-Feinstein Comorbidity Index (KFI)

- Modifications were made through discussions with clinical experts and a review of the literature
- Validated in study of 19,268 cancer patients treated at Barnes-Jewish Hospital, USA



ACE-27



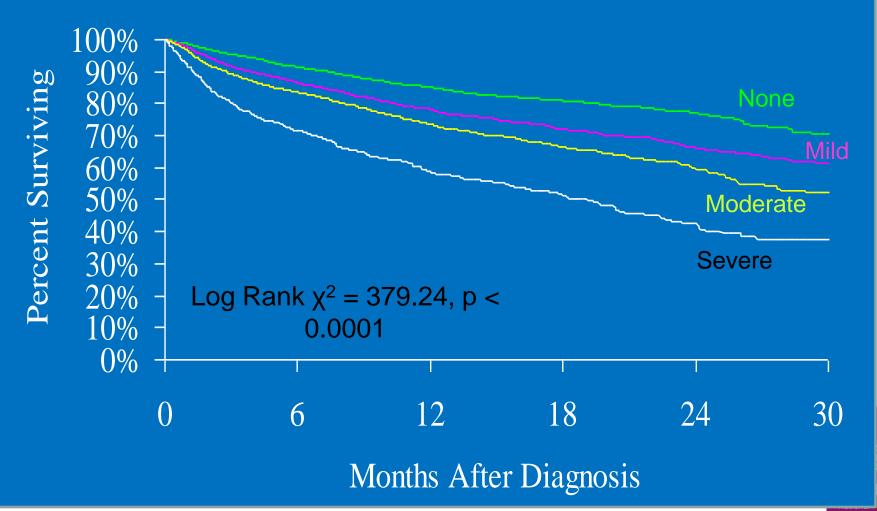
Cogent comorbid ailment	Grade 3 Severe Decompensation	Grade 2 Moderate Decompensation	Grade 1 Mild Decompensation
Cardiovascular System	m		
Myocardial Infarct	• $MI \le 6$ months	• MI > 6 months ago	• Old MI by ECG only, age undetermined
Angina / Coronary Artery Disease	• Unstable angina	 Chronic exertional angina Recent (≤ 6 months) Coronary Artery Bypass Graft (CABG) or Percutaneous Transluminal Coronary Angioplasty (PTCA) Recent (≤ 6 months) coronary stent 	 ECG or stress test evidence or catheterization evidence of coronary disease without symptoms Angina pectoris not requiring hospitalization CABG or PTCA (>6 mos.) Coronary stent (>6 mos.)
Congestive Heart Failure (CHF)	 Hospitalized for CHF within past 6 months Ejection fraction < 20% 	 Hospitalized for CHF >6 months prior CHF with dyspnea which limits activities 	 CHF with dyspnea which has responded to treatment Exertional dyspnea Paroxysmal Nocturnal Dyspnea (PND)
Arrhythmias	 Ventricular arrhythmia ≤ 6 months 	 Ventricular arrhythmia > 6 months ago Chronic atrial fibrillation or flutter Pacemaker 	 Sick Sinus Syndrome
Hypertension	 DBP≥130 mm Hg Severe malignant papilledema or other eye changes Encephalopathy 	 DBP 115-129 mm Hg Secondary cardiovascular symptoms: vertigo, epistaxis, headaches 	 DBP 90-114 mm Hg DBP <90 mm Hg while taking antihypertensive medications
Venous Disease	 Recent PE (≤ 6 mos.) Use of venous filter for PE's 	 DVT controlled with Coumadin or heparin Old PE > 6 months 	• Old DVT no longer treated with Coumadin or Heparin
Peripheral Arterial Disease	 Bypass or amputation for gangrene or arterial insufficiency < 6 months ago Untreated thoracic or abdominal aneurysm (≥6 cm) 	 Bypass or amputation for gangrene or arterial insufficiency > 6 months Chronic insufficiency 	 Intermittent claudication Untreated thoracic or abdominal aneurysm (< 6 cm) s/p abdominal or thoracic aortic aneurysm repair

http://cancercomorbidity.wustl.edu/ElectronicACE27.aspx Using information to improve quality & choice



Prognostic Impact of Comorbidity





Using information to improve quality & choice

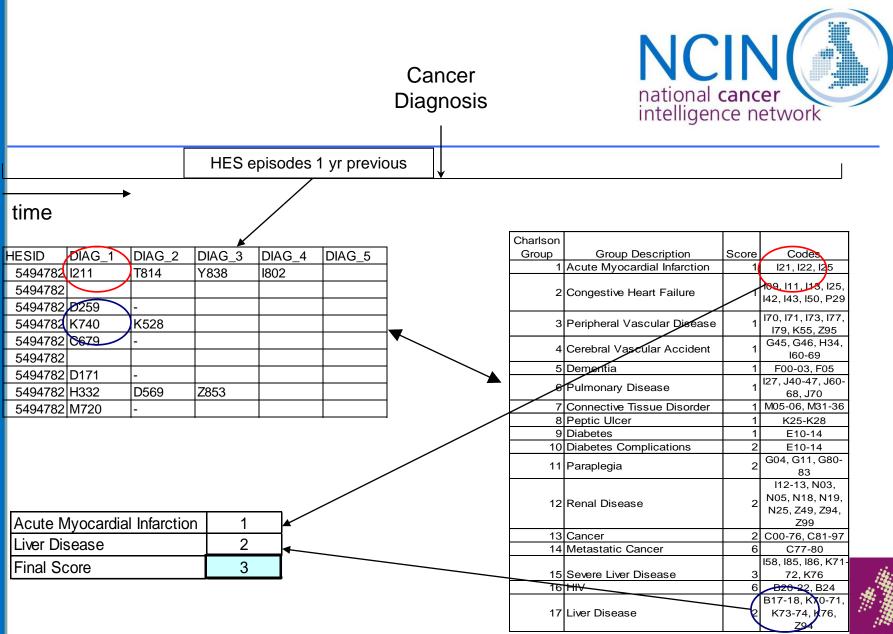
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Charlson Score

derived retrospectively by analysts based on information in notes coded by clinical coders





Using information to improve quality & choice

NCR National Cancer Research Institute

Complications



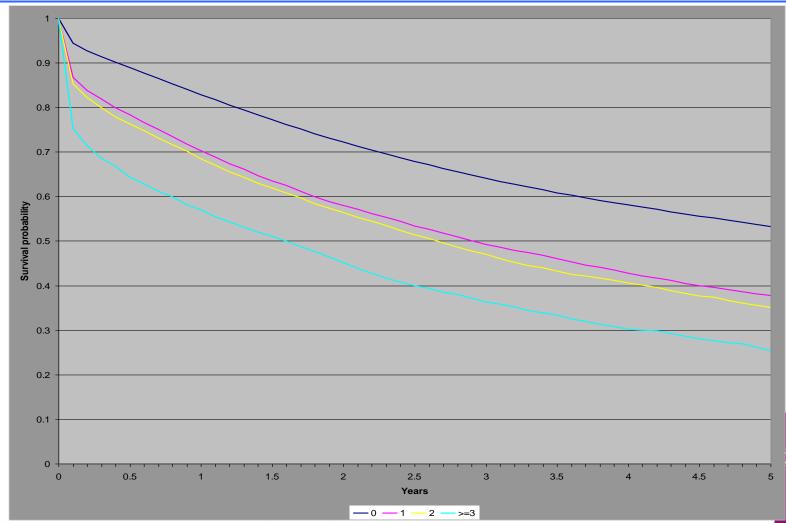
- Score is very dependent on date of cancer diagnosis
 - Differences in registration processes between registries
- Cancer diagnosis is often first in-patient episode
 - Only including episodes prior to diagnosis may miss co-morbidity codes
- Coding of Cancers differ in Registry/HES Meaning cancers can be counted twice
 - e.g. an individuals colorectal tumour could be coded as C18 in registry and C19 in HES, this could lead to
- Suspected cancer diagnosis coded in HES
 - 100% over-reporting of cancer diagnosis in HES
- Cancers and Metastatic Cancer make up main proportion of scores
 - Should any cancer information be used in the calculation of the score for cancer purposes.
 - Would it be better to use definitive data on multiple tumours/mets



Colorectal survival by Charlson Score



Researc Institute







- NCDR has Charlson score available at individual tumour level
- Analysis needs to be undertaken to assess the best approach to calculating comorbidity from data we have available
- Work with DH/CfH on national co-morbidity project
 - SSCRGs to define pertinent conditions





- Recommend collection of ACE-27 co-morbidity score is mandated for all adult cancer patients
- Ensure that appropriate training is delivered
- Research different collection methodologies e.g. patient questionnaires
- Identify where supplementary indices or information may be required
- Continue to retrospectively calculate co-morbidity scores from HES
- Consider establishing a Co-morbidity 'CRG'



NCIN national cancer intelligence network

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Thank you

www.ncin.org.uk

